

LUNCH MENU

Starters or Light Bites

Freshly baked bread sharing platter with black olive tapenade, olive oil and balsamic £9.95

Soup of the day with homemade bread £6.95

Prawns Marie Rose and smoked salmon on Sinton's wheaten bread with pickled cucumber and dressed leaves

Starter Size £9.25 Main Size £16.95 (GFO)

Caesar salad with chargrilled chicken, crisp baby gem, bacon lardons, herb croutons and parmesan shavings

Starter Size £8.95 Main Size £15.95 (GFO)

Salt and chilli chicken bao bun with Asian slaw, toasted peanuts and sweet chilli sauce £9.95

Half rack of ribs with Jack Daniels sticky BBQ sauce served with house salad and slaw £9.50 (GFO)

Mains

Southern fried chicken goujon stack or chargrilled chicken with champ, veggies, pepper sauce and tobacco onions £17.95 (GFO)

Grilled lamb's liver with buttery champ, crispy bacon, roasted parsnip and rich onion gravy £17.95 (GFO)

Roast of the day with roasted potato, mash, veggies and pan gravy £18.95 (GFO)

Beer battered haddock fillet with house mushy peas, salad, tartar sauce and chunky chips £20.95 (GFO)

Southern fried chicken goujon wrap with cheddar, sweet chilli sauce, salad, coleslaw and chunky chips £16.50

Pan fried cod loin, wild mushroom and pea risotto, fennel salad and toasted hazelnuts £23.95 (GFO)

Chargrilled 6oz beef burger with melted Brie, red onion and thyme jam, baby gem, tomato and chunky chips £18.50

Add Bacon £2.00

Add chicken goujons £3.50

Chicken, ham and leek crumble in a chicken velouté with mash, roasted potato and veggies £20.95

6oz Sirloin steak sandwich (served medium) with sautéed onions and mushrooms, black pepper sauce, house salad and chunky chips £22.95

Sinton's Thai red curry with vegetables, jasmine rice and house naan bread £17.95 (GFO)

With chicken £19.95

With King prawns £21.95

Add small chip £2.50

Sides £5.25

Melange of Veggies

Sauté Mushrooms

Cheesy Garlic Bread

Skinny Fries

House Salad

Beer battered onion rings

Chunky Chips

Sweet Potato Fries

**FOOD ALLERGIES AND INTOLERANCES: PLEASE SPEAK TO A MEMBER OF THE TEAM IF
YOU REQUIRE ASSISTANCE WHEN PLACING YOUR ORDER
(GFO) – GLUTEN FREE OPTION AVAILABLE**