

LUNCH MENU

Starters or Light Bites

Freshly baked bread sharing platter with black olive tapenade, olive oil and balsamic £6.95

Soup of the day with homemade bread £5.95

Prawns Marie Rose and smoked salmon on Sinton's wheaten bread with pickled cucumber and dressed leaves

Starter Size £7.50 Main Size £14.95 (GF)

Caesar salad with Tandoori chicken, crisp baby gem, bacon lardons, herb croutons and parmesan shavings

Starter Size £7.50 Main Size £14.95 (GF)

Chorizo Arancini balls with curry mayo, rocket and parmesan salad, basil oil £6.95

Pulled beef and herb croquette with braised red cabbage and mustard aioli £7.50

Half rack of ribs with Jack Daniels sticky BBQ sauce, served with house salad £7.50 (GF)

Mains

Sinton's Ploughman's platter: Honey glazed ham, Porter cheddar, warm sausage roll, piccalilli, slaw, house breads and mustard mayo £14.95

Grilled lamb's liver with buttery champ, crispy bacon, roasted parsnip and rich onion gravy £14.95 (GF)

Roast of the day with roasted potato, mash, seasonal vegetables and pan gravy £14.95 (GF)

Char grilled chicken breast with champ, vegetables, creamy cracked black pepper sauce and parsnip crisps £15.50 (GF)

Lemon and parsley breaded whiting goujons with garden peas, tartar sauce and skinny fries £15.95

Pan roasted cod loin with black olive dust, confit red pepper, basil veloute and champ £17.50 (GF)

Chargrilled 6oz beef burger with melted cheddar, mustard mayo, baby gem, tomato, onion ring and chunky chips £15.95 Add Bacon £2.00 Add chicken goujons £3.50

Southern fried chicken goujon wrap with basil aioli, pickled red onion, salad, coleslaw and chunky chips £13.95

Sinton's Thai red curry with Asian vegetables, rainbow rice and prawn crackers £13.95
With chicken £15.95 with King prawns £16.95 (GF)

SIDES £4.50

Melange of Veggies

Skinny Fries

Chunky Chips

Sauté Mushrooms

House Salad

Sweet Potato Fries

Cheesy Garlic Bread

Beer battered onion rings

(GF) – GLUTEN FREE OPTION AVAILABLE

ALL PRICES INCLUDE 20% VAT