

LUNCH MENU

Starters

Soup of the day with homemade bread £5.50

Prawns Marie Rose and smoked salmon on Sinton's wheaten bread with pickled cucumber salad and tomato oil £6.95 (GF)

Caesar salad with Piri Piri chicken, crisp baby gem, bacon lardons, herb croutons and Parmesan shavings (GF) Starter Size £6.25 Main Size £11.50

Seafood, leek and sweetcorn chowder in a saffron and herb sauce, Guinness wheaten (GF) Starter Size £7.50 Main Size £13.95

Goats cheese and beetroot salad with soda bread croutons, orange segments, balsamic reduction and herb oil £6.00 (GF)

Half rack of ribs with Jack Daniels sticky BBQ sauce, served with house salad and coleslaw £6.95 (GF)

Mains

Sinton's Ploughman's platter: Honey glazed ham, Porter cheddar, warm sausage roll, piccalilli, slaw, house breads and mustard mayo £11.50

Prawns Marie Rose and smoked salmon on Sinton's wheaten with pickled cucumber salad and tomato oil £11.95 (GF)

Venison sausages on sweet potato champ, redcurrant and onion gravy, parsnip crisps £13.95 (GF)

Roast of the day with roasted potato, creamy mash, seasonal vegetables, and pan gravy £12.95 (GF)

Char grilled chicken breast with champ, vegetables, creamy cracked black pepper sauce and parsnip crisps £12.95 (GF)

Lemon and parsley breaded whiting fillets with garden peas, chunky tartar sauce and skinny fries £13.95

Pan roasted sea trout with vegetable and green lentils du puy, shaved fennel salad £13.95

Chargrilled 6oz beef burger with melted red Leicester, beer battered onion ring, spiced salsa, baby gem, fresh tomato and chunky chips £12.95 add back bacon £1.00

Southern fried chicken goujon wrap with basil aioli, pickled red onion, salad, coleslaw and chunky chips £11.95

Sinton's Thai red curry with Asian vegetables, rainbow rice and prawn crackers £11.95
With chicken £12.95 with King prawns £13.95 (GF)

SIDES £3.50

Melange of Veggies

Skinny Fries

Chunky Chips

Sauté Mushrooms

House Salad

Sweet Potato Fries

Cheesy Garlic Bread

Beer battered onion rings

(GF) – GLUTEN FREE OPTION AVAILABLE