

## DINNER MENU

### STARTERS

Freshly baked bread sharing platter with black olive tapenade, olive oil and balsamic £6.95

Soup of the day with homemade bread £5.50

Prawns and Marie rose with smoked salmon on Sinton's wheaten bread, tomato oil and pickled cucumber salad £6.95 (GF)

Half rack of ribs with Jack Daniels sticky BBQ sauce, served with house salad and coleslaw £6.95 (GF)

Seafood leek and sweetcorn chowder, in a saffron and herb sauce, Guinness wheaten £7.50 (GF)

Irish venison Scotch egg, mustard aioli, pickled carrot ribbons, shallot dressing £7.25

Cashel blue cheese and red onion jam quiche with candied walnuts, pear, rocket and olive oil dressing £6.00 (GF)

**(GF) – GLUTEN FREE  
OPTION AVAILABLE**

### MAINS

Pan roasted sea trout, vegetable and green lentil du puy, shaved fennel salad and sherry vinegar £16.95

Grilled dry aged 10oz sirloin steak with grilled tomato, café de Paris butter, black pepper sauce and chunky chips £28.50 (GF)

Lemon and herb breaded whiting goujons with garden peas, tartar sauce, house salad and skinny fries £14.50

Sinton's chicken Maryland Breaded chicken with charred pineapple, sweet corn, banana, bacon, Madeira sauce and chunky chips £15.95

Pan roasted chicken supreme with champ, roasted cauliflower and vanilla puree, café au lait sauce and cep mushroom dust £15.95 (GF)

Chargrilled 6oz beef burger with melted red Leicester, beer battered onion ring, spiced salsa, baby gem and fresh tomato and chunky chips £12.95  
Add bacon £1.00

Slow braised daube of beef with potato gratin, wilted baby spinach, confit carrot, Bordelaise sauce and bone marrow crumb £17.95

Pan fried seabass fillet with baby potato and root vegetable broth, herb butter and citrus crumb £17.95 (GF)

Chicken and Rib Combo:  
Full rack of ribs with Jack Daniels BBQ sauce and Southern Fried chicken Goujons served with house salad, coleslaw and skinny fries £18.95 (GF)

Pan fried venison haunch (served pink) with mulled spiced red cabbage, parmesan mash, roasted chestnuts, port and redcurrant jus £18.95 (GF)

Thai Red Curry (GF)  
Our own Thai curry sauce served with rainbow rice and prawn crackers (GF)

Vegetable	£12.95
Chicken	£13.95
King Prawns	£14.95

### SIDES £3.50

Melange of Veggies  
Chunky Chips            Onion Rings  
Sauté Mushrooms    House Salad  
Sweet Potato Fries  
Cheesy Garlic Bread  
Garlic Sauté potatoes

**FOOD ALLERGIES AND  
INTOLERANCES: PLEASE SPEAK TO  
A MEMBER OF THE TEAM IF YOU  
REQUIRE ASSISTANCE WHEN  
PLACING YOUR ORDER**