

STARTERS

Freshly baked bread sharing platter with olive and tomato tapenade, olive oil and white balsamic £6.95

Prawns & Marie Rose on Sinton's wheaten bread, cherry tomato and pickled cucumber salad £5.95 (GF)

Caesar salad with bacon lardons, olive oil croutons, Caesar dressing and Parmesan £4.25 (GF)

Add chargrilled chicken £5.95

Soup of the day with homemade bread £4.50

Seafood, sweet corn, leek, potato and bacon chowder with Sinton's wheaten bread £6.50 (GF)

Sautéed chicken livers, warm salad of Clonakilty pudding and baby potatoes, roasted pearl onions, poached hens egg and hazelnut dressing £5.95

Char grilled Sinton's focaccia bread with marinated tomato, red onion, basil and balsamic topped with feta and goats cheese £5.50

MAIN COURSES

Grilled lambs liver and bacon with buttery champ, roast parsnips, rich onion and rosemary gravy £9.95 (GF)

Ploughman's platter:
Honey baked Irish ham, Clonakilty Bon Bon, beef and stout sausage roll, Cahill porter cheese, piccalilli, homemade breads and house chutney £9.25

Cod in crispy ale batter, wholegrain mustard mushy peas, chunky chips and Sinton's tartar sauce £12.95 (GF)

Seafood, sweet corn, leek, potato and bacon chowder with Sinton's wheaten bread £11.95 (GF)

Roast of the day served with seasonal vegetables and potatoes £10.95 (GF)

Venison Hot Pot filled Yorkshire pudding with roasted root vegetables and creamy mash £10.95

And there's more on the other side.....

Sinton's 6oz beef burger with grilled bacon, cheddar cheese, Cajun Mayo, chunky chips and house salad £10.95

Pan seared fillet of salmon with mussel and cider veloute, tarragon mash and buttered greens £13.95 (GF)

Sinton's Club Sandwich: Char grilled chicken, maple cured bacon, boiled egg, baby gem, tomato and seed mustard mayo with house salad and skinny fries £10.95 (GF)

**Caesar salad: Baby gem leaves tossed in Sinton's own Caesar dressing with bacon lardons, Parmesan and olive oil croutons £7.95 (GF)
Add char grilled chicken £9.95**

Char grilled Cajun chicken fillet burger with lime and coriander aioli, baby gem, red onion and tomato in a brioche bun and skinny fries £11.95

GF- GLUTEN FREE OPTION AVAILABLE

Char grilled chicken fillet with creamy champ, vegetables of the day, Tobacco onions and pepper sauce £10.95 (GF)

Slow braised Irish beef with a button onion, mushroom and thyme ragout, port wine jus, champ and roasted root vegetables £15.50 (GF)

Prawns and Marie Rose with smoked salmon, homemade wheaten bread, cherry tomato and pickled cucumber salad £9.95 (GF)

Thai Curry

Our own Thai curry sauce served with rice and prawn crackers (GF)

Vegetable	£8.95
Chicken	£10.95
Beef	£11.95

SIDE ORDERS £3.50

Garlic Sauté	Skinny Fries
Chunky Chips	Onion Rings
Sauté Mushrooms	House Salad
Sweet Potato Fries	

VEGETARIAN MENU ALSO AVAILABLE