

STARTERS

Freshly baked bread sharing platter with olive and tomato tapenade, olive oil and white balsamic £6.95

Pulled braised beef croquette with stout stewed onions, light mustard aioli and dressed leaves £5.50

Soup of the day with homemade bread £4.50

House smoked duck breast with parmesan and fennel seed gnocchi, carrot ribbons, orange and tonka bean vinaigrette £5.95 (GF)

Char grilled Cajun tiger prawn skewers with pickled onion and rocket salad, lime and coriander aioli £6.50 (GF)

Prawns and Marie rose with smoked salmon on Sinton's wheaten bread, cherry tomato and pickled cucumber salad £6.95 (GF)

Crispy Szechuan beef with Asian vegetables, rice noodles, fresh coriander and Tom Yum broth £5.95 (GF)

Smoked salmon with crab meat mousse, avocado, pickled shallots, capers, lemon and frisee lettuce £6.25 (GF)

Half rack of ribs with Jack Daniels sticky BBQ sauce, served with house salad and coleslaw £6.25 (GF)

**(GF) – GLUTEN FREE
OPTION AVAILABLE**

MAINS

Roasted monkfish wrapped in parma ham with fennel boulangere potatoes, plum tomato chutney and madras foam £17.50 (GF)

Grilled 10oz sirloin steak with roast tomato chutney, portabello mushroom, ale battered onion rings, chunky chips and pepper sauce £23.95 (GF)

Duo of pork loin and belly with celeriac puree, roasted celeriac, potato and Clonakilty Bon Bons, samphire and red onion jus £16.95 (GF)

Chicken Picatta: Escalopes of parmesan chicken with citrus baby potatoes, young peas, pancetta, scallions, chicory and fresh mint broth £14.25 (GF)

Sinton's chicken Maryland Breaded chicken with char grilled corn, grilled maple bacon, breaded banana and pineapple, cherry tomato, Madeira sauce and chunky chips £13.95

Sinton's 6oz beef burger with red pepper and chilli jam, applewood smoked cheese, baby gem, tomato and crispy onions in a pretzel bap with chunky chips £13.25

Pan seared fillet of salmon with mussel and cider veloute, tarragon mash and buttered greens £13.95 (GF)

Chargrilled 140z Mowhawk steak with cherry confit tomato, garlic and thyme, Balsamic dressed rocket, port jus and chunky chips £29.95 (GF)

Slow braised Irish beef with a button onion, mushroom and thyme ragout, port wine jus, champ and roasted root vegetables £15.50 (GF)

Cod in crispy ale batter, whole grain mustard mushy peas, chunky chips and Sinton's tartar sauce £12.95 (GF)

Roasted haunch of venison (served pink) with orange and cardamom gratin potato, wilted spinach, duo of roasted beets and bitter chocolate sauce £18.95 (GF)

Chicken and Rib Combo:
Char grilled breast of chicken and full rack of ribs with Jack Daniels sticky BBQ sauce, served with house salad, coleslaw and sweet potato fries £17.50 (GF)

Thai Curry
Our own Thai curry sauce served with rice and prawn crackers (GF)
Chicken £12.95
or Beef £13.95

SIDES £3.50

Melange of Veggies	Garlic Sauté
Tobacco Onions	Chunky Chips
Cheesy Garlic Bread	Onion Rings
Sauté Mushrooms	House Salad
Sweet Potato Fries	

VEGETARIAN MENU

STARTERS

Char grilled Sinton's focaccia bread with marinated tomato, red onion, basil and balsamic topped with feta and goats cheese £5.50

Crispy tofu with Asian vegetables, rice noodles, fresh coriander and Tom Yum broth £6.50 (Vegan) (GF)
Main Course Size £12.95

Breaded Portabello mushroom with garlic and herb cream cheese, dressed mixed leaves and creamy garlic mayo £5.95

MAINS

Spiced falafal burger with chilli and tomato jam in pretzel bun, sweet potato fries £11.95

Orange and cardamom gratin potatoes with celeriac puree, roasted celeriac, spinach, confit tomato, tenderstem broccoli, onion pakora and Madras foam £12.95

Homemade red onion crusty bap with hickory smoked halloumi, Mediterranean veg, pickled red onion, rocket pesto and sunblushed tomato puree, red pepper and chilli jam. Augergine fries £11.95

**(GF) – GLUTEN FREE
OPTION AVAILABLE**

SINTON'S HOMEMADE SWEET TREATS

Lemon curd tartlet with blackberry sorbet, meringue and blackberries £5.95

Cheesecake of the Day with fresh cream £5.50

Sinton's Snickers
Double chocolate pot, nougatine, salted caramel ice cream, peanut brittle £6.50

Fresh fruit pavlova with fresh cream and winter berry coulis £5.50 (GF)

Armagh stewed apple crumble tartlet with vanilla custard, rum and raisin ice cream £6.25

Sinton's Knickerbocker Glory £5.25 (GF)

Vanilla crème brulee with poached peach, raspberry sorbet and tonka bean shortbread £5.50 (GF)

Almond and orange cake with orange segments and syrup, dairy free ice cream (gluten free and dairy free) £5.95

Artisan cheeses with biscuits, house chutney and frozen grapes £8.25

COFFEES FROM GREENBEAN

Filter Coffee £2.00

Espresso £1.90

Cappuccino £2.30

Double Espresso £2.20

Americano £2.20

Latte £2.25

Mocha £2.35

Hot Chocolate £2.35

Tea £1.90

Liqueur Coffee £5.95

Speciality Tea £1.90

Camomile

Lemon and Ginger

Cranberry and Raspberry

Green

Peppermint

Decaf

Earl Grey

**PLEASE INFORM US OF ANY
DIETARY REQUIREMENTS YOU
MAY HAVE**